

ROTARY RAMBLE

Light Up Rotary | Change Lives

Meetings

Weekly meetings are held on Thursday, 5.30pm at Rotary House, 12 Story Place, Taupo
Visitors Welcome

Thursday 18 June

Kees Tanja - **Raw Milk Taupo**

Thursday 25 June

Club Forum and Board Meeting

Thursday 2 July

Changeover

Officers

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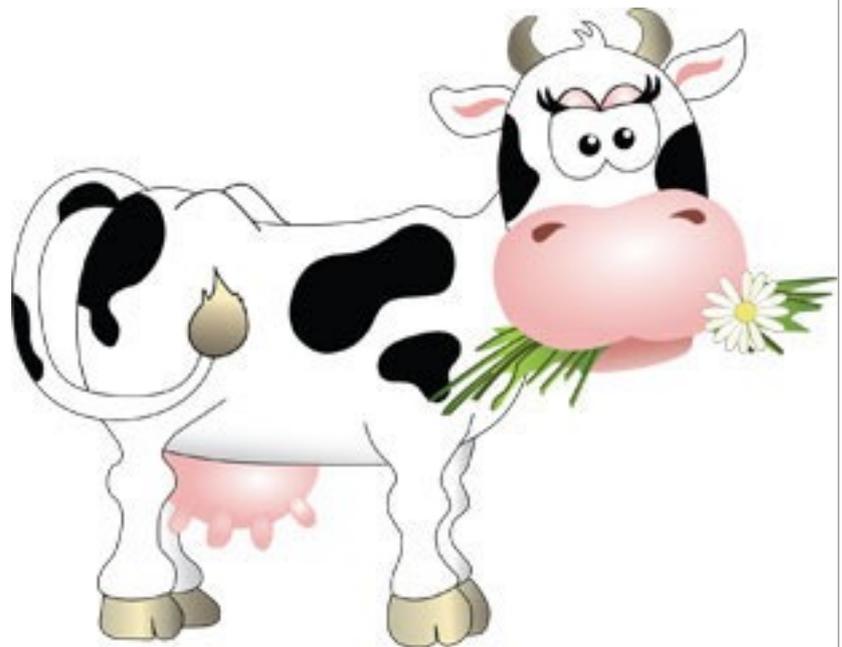
President Elect: Chris Wallis
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Rotary Ramble: Phillipa Vivian
Rotary House Manager: Mary Legg
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this week

Raw Milk, straight from the cow to you!!

What is raw milk?

What are the risks associated with drinking raw milk?

Can drinking raw milk be a healthier option than processed milk?

What is pasteurisation, and how does it work in milk?

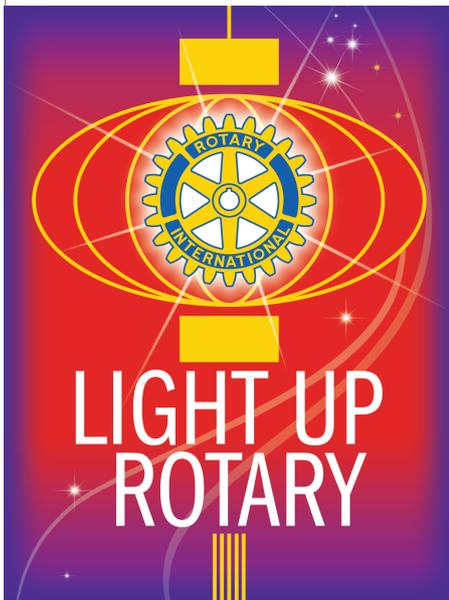
The subject of drinking raw milk has been a controversial one for many years now.

As a child growing up in the early 60's we drank raw milk from a pet cow we had. My parents had a hand separator, the cream going onto our porridge every morning with a good helping of brown sugar.

Those were they days when milk was real milk! So you can easily guess which side of the fence I stand on.

An article I came across recently by Dr Mercola, said that





Duty Roster

Thursday 18 June

Hospitality: RoseMary Chrisp
Sergeant: Chris Wallis
Introduction: Mary Legg
Grace/PT: Nath Chilukuri

Thursday 25 June

Hospitality: RoseMary Chrisp
Sergeant: Chris Wallis
Grace/PT: David McAlley

Thursday 2 July

Roster TBC

Apologies

Please phone **RoseMary Chrisp** on **07 3787286** by 9am Wednesday or email.

facebook.com/rotaryhousetaupo
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school-aged children who drank raw milk were 41% less likely to develop asthma and about 50% less likely to develop hay fever than children who drank store bought pasteurised milk. This data was compiled by a study from 8000 children.

How blessed we are, that right here in Taupo we have the choice of purchasing raw milk.

Kees and Marianne Tanja have a 50 hectare property on Oraunui road where they milk approx 40 cows. This is also where they sell their raw milk.

It should be a very interesting talk, so don't be in a hurry to head home.

President's Round-up

We couldn't have had a better speaker last week in Richard Klein talking about the history and direction of the only fresh water prawn park in New Zealand. Plenty of reasons to go and try the prawns at their riverside Restaurant.

Tomorrow (Tuesday 16th June) a group from Moana and Taupo Clubs head off in the community van to Turangi Club's changeover, although it isn't a changeover as President Dianne is staying on as president for another year! So rather, it is a celebration of her first successful year and the beginning of another.

The Moana changeover takes place on 29th June, 6pm upstairs at Dixie Brown. An invitation has been extended to Taupo Rotary members, cost \$32.50pp. Advice intend to attend. RoseMary if you



Be a gift to the world

SURVIVOR

A Canadian, an American and a Chinese man are stranded on a deserted island. The Canadian tells the others that he will be in charge of food. American volunteers to be in charge of water and the Chinese man says he will be in charge of supplies. They split up to do their jobs and decide to meet up later. When the Canadian and the American return, there is no sign of the Chinese man. Days pass by, but they still can't find their friend. One day as they are walking along a path, the Chinese man jumps from the bushes and yells "SUPPLIES!"